



TROOP 182G

**WELCOME TO SCOUTS BSA**

**RUSSELLVILLE, AR**

**2023 - 2024 Parents Guide**

**WWW.RUSSELLVILLE182.ORG**

# WELCOME TO RUSSELLVILLE SCOUTS BSA TROOP 182G

The purpose of this new parent's manual is to answer some of the questions that parents of new Scouts often have regarding troop operation. Primary sources of information used for this manual have been the Scouts BSA Handbook, The Junior Leadership Manual, The Scoutmaster's Manual, The Pacesetter and the valuable input of many parents. Please feel free to provide your input for improvements for future editions of this manual.

## I. TROOP 182G LEADERS

<b>Role (s)</b>	<b>Name</b>	<b>Phone</b>	<b>Email</b>
Committee Chair	Sarah Latus	(870) 307-1325	latus.sarah@gmail.com
Scoutmaster	Robert Latus	(870) 834-6521	latus.robert@gmail.com
Asst. Scoutmaster	Mandy Blair	(417) 380-3931	mandyblair34@gmail.com
Asst. Scoutmaster	Amanda McMillian	(479) 699-5153	disney72802@gmail.com
Asst. Scoutmaster	Josh McMillian	(479)567-0977	joshmc201@gmail.com
Asst. Scoutmaster	Sherri White	(479) 264-2042	
Asst. Scoutmaster	Paula Herrick	(972) 533-1424	
Advancement Chair	Mandy Blair	(417) 380-3931	mandyblair34@gmail.com
Equipment Chair	Amanda McMillian	(479) 699-5153	disney72802@gmail.com
Activities Chair	Josh McMillian	(479)567-0977	joshmc201@gmail.com
Treasurer	Sherly Cafarelli	(914) 490-5932	sherhali75@gmail.com

## **II. TROOP BACKGROUND**

Troop 182G was formed in March 2021 and is sponsored by Oakland Heights School PTO. We are fortunate to have our Charter Organization representative, Louie Nash, as a member of the troop. Troop meetings are held at:

Hughes Community Center

1000 E Parkway Dr.

Russellville, AR 72801

Meetings are on Thursday at 6:30 PM and usually last 1 hour. There is a good mix of ages and experience allowing the older girls to learn leadership skills while the younger girls learn more basic camping and Scout skills. Programs are competitive, physically demanding, and focused on advancement. We have family gatherings throughout the year.

## **III. GOALS OF SCOUTING**

Character Development

Citizenship Training

Mental and Physical Fitness

## **IV. EIGHT METHODS OF SCOUTING**

The Scouts BSA program is based on eight methods. This is not just “a way” to operate the troop. It is the “only way” to operate a troop. These eight methods are the ideals, the patrol method, the outdoors, advancement, association with adults, personal growth, leadership development, and the uniform.

## **V. IDEALS**

The ideals are made up of the Scout Oath, Laws, Motto, and Slogan.

**Scout Oath:** On my honor I will do my best to do my duty to God and my country, and to obey the scout law To help other people at all times to keep myself physically strong, mentally awake, and morally straight.

**Scout Law:** A Scout is trustworthy, loyal, helpful, friendly, courteous, kind, obedient, cheerful, thrifty, brave, clean and reverent.

**Scout Motto:** Be prepared

**Scout Slogan:** Do a good turn daily

## **VI. PATROL METHOD**

**What is a Patrol?** A patrol is a team of 6 to 10 girls who function as a unit for camping, cooking, troop activities, and competition.

**How does the patrol function during a campout?** The girls plan, camp, and compete as patrols. The girls within each patrol plan their own menus, buy and prepare their own food, and clean their own dishes. Since the girls plan their own menus and buy their own food, food costs for each campout are handled on a patrol basis. Food costs per girl for a campout range from \$8 to \$15 depending on the menu planned. As a general rule, the girls and adults cook separately.

## **A. NEW SCOUTS**

When new Scouts join the troop the Scout Master will temporarily assign the new scouts to an existing patrol. Typically, one to three new scouts will be assigned to each patrol. The Senior Patrol Leader will work with the Patrol Leaders and the Troop Guides to make sure the new scouts are oriented to the patrol method and to the way the troop functions. The Troop Guides have the primary responsibility for teaching basic Scout skills to the new Scouts and helping them work towards earning the rank of Tenderfoot. The troop holds elections in August. By this time the new Scouts should be well on the way to earning their Tenderfoot rank. During the elections, the new Scouts will have an option to relocate to another patrol based on a better understanding of how the troop operates. They may choose to either stay in their assigned patrol or move to a different patrol. At this time depending on the number of scouts in the troop new patrols may be formed to keep the number of scouts in each patrol between 6 and 10 girls.

## **B. ESTABLISHED PATROLS**

“Established Patrols” are composed generally of 1st, 2nd, and 3rd year Scouts. The older Scouts have an opportunity to lead and pass down the skills that they have learned, while the younger Scouts have an opportunity to learn from Scouts within their patrol that have more experience. As the older Scouts eventually move onto positions of troop responsibility, new Scouts are added to the patrol. In this way, the patrol and its identity (flag, yell, etc.) live on. If an established patrol has a number of new Scouts, the senior patrol leader may assign a troop guide to that patrol to assist with basic Scout skill instruction. This frees the patrol leader to focus on leading the patrol

## **C. STAFF PATROL**

The senior patrol leader is the senior boy (junior leader) in the troop and he forms his own patrol composed of the other junior leaders that she has selected to support her. These include the assistant senior patrol leaders (generally 2), the troop quartermaster, and other troop level leaders at her discretion to form a 4 to 8 Scout Staff Patrol.

## **D. EAGLE PATROL**

The “Eagle Patrol” is comprised of older Scouts who have already held senior positions of leadership within the troop and do not wish to return to an “Established Patrol” while they work on completing their Eagle rank or work on earning Eagle palms. To join the “Eagle Patrol” the scout must have earned the rank of Life Scout.

## **E. PATROL MEETINGS**

Patrols are expected to conduct meetings both during and outside of troop meetings.

Patrol meetings held during troop meetings are referred to as “patrol corners” and are generally used to conduct the following types of activities:

- 1) planning campout menus
- 2) getting headcounts for campouts
- 3) working on patrol flags or yells
- 4) discussing decisions made and information presented in the PLC
- 5) troop guide orientation for a “New Scout” patrol

Patrols can and are encouraged to conduct special patrol meetings outside of troop meetings to conduct the following activities:

- 1) practice for openings/closings, interpatrol activities, and skill presentations
- 2) brainstorm ideas for the patrol leader to present at the next PLC
- 3) design and build a patrol flag
- 4) work on advancement, such as take a patrol hike

The 15 to 30 minutes just prior to a troop meeting is often a good time to hold a special patrol

## **VII. OUTDOORS (CAMPING)**

Camping is a method of Scouting, but camping is not Scouting's purpose. Scouting aims to build character, citizenship, and fitness. When Scouts go camping, this growth just seems to follow. Patrol and troop camping are models and a testing ground for life in society. In a small group, each member is dependent on the others. Each learns to accept responsibility and to exercise good judgment. Even a stubborn or selfish person finds himself interacting with others in helpful and supportive ways. Scouts who camp will sooner or later come face to face with practical applications of the Scout Oath and Law. Cheerfulness, trustworthiness, courtesy, helpfulness, and all the central virtues of Scouting are necessary in camp and in society. Life in the open is a natural teacher of these essential survival skills. Thus, we promote camping, and camping becomes more effective in achieving the aims of Scouting. The principles of Scouting are central to any kind of successful camping. In camp we maintain the best traditions and the highest spirit.

**Do the adults camp in the same campsite as the girls?** Never. The adults always establish a campsite separate from all patrol campsites. The girls only sleep in the patrol campsites and the adults only sleep in the adult campsite.

**Are adult leaders welcome on campouts?** Yes, they camp with the adults. All adults that attend a campout must complete Youth Protection Training.

## **A. MONTHLY CAMPING**

The troop camps out 11 times per year including summer camp in June or July. Due to fund raising activities, the troop does not camp out in February. When the troop travels to and from scout activities such as campouts, wearing the tan, "Class A" (field) scout uniform is mandatory for insurance purposes. In addition, the troop requests that parents remain in the parking lot until the troop leaves for each campout. For campouts, expenses are handled as follows. The troop covers the cost of fuel (propane and charcoal), park fees, and activity fees. Costs for special activities are paid by those attending. Fees to be paid by attendees will be detailed on the permission slip for the event.

## **B. CAMPOUT THEMES**

Most campouts feature activities that address rank advancement requirements for the younger Scouts, merit badge requirements, and/or service projects.

## **C. TROOP EQUIPMENT**

What sort of equipment does the troop have? The troop is well stocked with equipment. Equipment owned by the troop includes:

- 1) trailers for the transportation of troop equipment and personal gear
- 2) 7 backing tents (for youth only)
- 3) 6 fully stocked chuck boxes (one for each patrol); 6 more ready to be stocked
- 4) ice chests, food totes, water jugs, tables (one for each patrol)
- 5) lanterns & high-BTU stoves (one for each patrol)
- 6) Dutch ovens & cast iron skillets
- 7) "Easy Up" shelters and tables (one for each patrol)

For safety reasons, the adults light the propane lanterns and stoves on campouts. The troop cooks primarily over propane stoves and charcoal.

## **D. PERSONAL EQUIPMENT**

The troop provides tents for girls in the troops. These tents are all the same so once the scouts learns to setup one tent they can setup all of the tents.

**\*\*\*On campouts, it is extremely important that each girl bring his handbook so that rank advancement requirements can be signed off as they are completed.**

When packing for a campout, primary consideration should be made for the safety and comfort of the girl. The temperature and weather considerations are extremely important. Sleeping bags should be suitable for the temperatures that will be encountered. Nobody likes to be cold while they try to sleep. Think "layers" when packing clothing. The planned activities are also a consideration when considering supplies, footwear and other items. A basic list of items to pack for a troop campout is in Appendix C.

## **E. SUMMER CAMP**

When possible, the troop attends summer camp during the week following Father's Day. This of course is always subject to availability, especially for the more popular summer camps. This is an excellent time for girls to work on rank advancement and to earn merit badges. As on campouts, it is extremely important that each girl bring his handbook so that rank advancement requirements can be signed off as they are completed.

A suggested packing list for Summer Camp is in Appendix D. These can be packed into a footlocker. The types most commonly used by the girls are of a durable plastic and commonly found in a number of stores in our area including Academy and Sports Authority. Several of these stores also offer discounts if you show them your Scouts BSA card.

Each year during our Troop Planning Meeting the girls vote to decide where they want to go to Summer Camp. They will usually narrow the choices down to three or four options. The Troop Committee then selects someone to serve as the Summer Camp Coordinator. This person gathers information about the camps selected by the girls including cost, availability, merit badges offered, and high adventure options. After this information is compiled, the girls then again meet and vote on which camp they will attend.

Some of the summer camps that our Troop has recently gone to include:

Camp Hale (Talihina, OK) <https://www.halescoutreservation.org/>

Camp Rockefeller (Damascus, AR) <https://camprockefeller.org/>

## **F. HIGH ADVENTURE CAMP**

As a girl's skill and physical ability increases, so does her opportunity to challenge them. Many high adventure program opportunities exist for these experienced, older Scouts. Most High adventure trips are expeditions with one or more purposes that involve a week or more in remote outdoor settings. Participants of a high adventure trips should have mastered all of the basic outdoor skills and be ready for an outing that will offer new challenges. Many summer camps have additional High Adventure programs for older scouts who are seeking more challenging adventures. Other High Adventure programs are stand alone programs. Listed below are a few of the other opportunities for older scouts both inside and outside the troop.

**The Philmont Scout Ranch** is 137,000 rugged acres located in Northern New Mexico. There are various hiking and camping opportunities. Many consider this to be the ultimate Scout BSA camping experience. The most common opportunity is the two-week trek in the summer. The girls backpack and live outdoors as they traverse some of the many acres of Philmont. They have the opportunity to learn advanced camping techniques and much more.

**The Northern Tier High Adventure camp** is based out of Sommers Boy Scout Camp in Ely, Minnesota. From June through August, this camp offers Scouts the world's best canoeing and high adventure water sports. The Northern Tier has several adventures, each with a different character.

**The Florida National High Adventure Sea Base** is headquartered in the heart of the fabulous Florida Keys, on an island (Lower Matecumbe Key) 75 miles south of Miami. Scouting's most complete aquatic facility offers a complete variety of water activities from SCUBA diving to sailing "Tall Ships". All participants have the opportunity to swim, snorkel, and fish among the most beautiful coral reefs in the northern hemisphere.

# **MEDICAL FORMS AND PRESCRIPTIONS**

Scouts BSA has three classes of Personal Health and Medical Record forms.

## **Class 1**

(update annually for all participants). Activity: Day camp, overnight hike, or other programs not exceeding 72 hours, with level of activity similar to that of home or school. Medical care is readily available. Current personal health and medical summary (history) is attested by parents to be accurate. This form is filled out by all participants and is on file for easy reference. Class 1 does not require examination or signature by physician.

## **Class 2**

(required once every 36 months for all participants under 40 years of age). Activity: Resident camp or any other activity such as backpacking, tour camping, or recreational sports involving events lasting longer than 72 consecutive hours, with level of activity similar to that at home or school. Medical care is readily available. Class 2 requires examination and signature by a physician.

## **Class 3**

All Class 3 activities require a health examination within the past 12 months by a licensed health-care practitioner. This includes youth and adult members participating in high-adventure activities, athletic competition, and world jamborees. Annually, this form is to be used by adults over 40 for all activities requiring a physical examination and applies to all Wood Badge participants/staff regardless of age. Class 3 requires examination and signature by a physician.

To attend (spend the night at) summer camp, Scouts will need a current (within 36 months) Class 2 form and most adults (over 40) will require a current (within 12 months) Class 3 form. The troop committee includes a physician who has graciously volunteered in the past to provide free physicals during a troop meeting just prior to summer camp. If you or your daughter plan to see your physician for an annual physical however, it is recommended that you print a copy of the appropriate form and have your physician complete and sign the form during your visit. You can then submit this form to the troop to reduce the time required at meetings to complete physicals. For Scouts and adults that do not go to summer camp, but wish to participate in troop activities other than troop meetings, at least a Class 1 form is required to be on file with the troop. Depending on the level of activity, duration, and proximity to health care during this troop activities, Class 2 and 3 forms may be required to be on file with the troop for Scouts and adults respectively.

On campouts, medications (both prescription and over-the-counter) are held by the Scoutmaster and are provided as prescribed to the boys. Parents should place medications in a ziplock bag in their original pharmacy containers or factory packaging with written instructions regarding how you wish the medication to be administered.



## **IX. ADVANCEMENT**

**What are ranks?** Ranks are recognition for a girl's level of achievement.

The Rank levels are: Scout, Tenderfoot, Second Class, First Class, Star, Life, Eagle.

**What is Rank Advancement?**

The four Steps of Advancement are:

The Scout learns.

The Scout is tested

The Scout is reviewed

The Scout is recognized.

The Scouts BSA Advancement program is a series of challenges presented to the Scout in a manner that is fun and educational. As the Scout meets these challenges, she achieves the aims of Boy Scouting. Rank Advancement occurs when a girl has completed the requirements to move on to the next level of Scouting and has had her accomplishments reviewed by a member of the Scoutmaster Corps. When she has completed the requirements, she has a Scoutmaster's conference and a board of review. These meetings are the Scoutmaster's opportunity to applaud the girl's efforts and to encourage her to set and meet future goals. It is the goal of adults concerned to provide the right environment for advancement.

### **A. BASIC SCOUT SKILLS**

The older and more experienced Scouts (First Class and above) teach and sign off on all basic Scout skill rank advancement requirements for Scout, Tenderfoot, Second Class, and First Class. A Scout must be First Class and above to sign off on these basic Scout skill advancement requirements. On campouts, it is extremely important that each girl bring her handbook so that rank advancement requirements can be signed off as they are completed. Although they can be signed off later if the girls can remember what they did and who witnessed it, this does not result in many requirements being signed off as a practical matter.

### **B. SCOUTMASTER CONFERENCE**

**What is a Scoutmaster's Conference?** When a Scout is ready to complete a rank advancement, she requests the Scoutmaster (or one of his assistants) to participate with her in a Scoutmaster conference. This is a chance for a one-on-one visit between the Scoutmasters and the Scout. The Scoutmasters reviews the Scout's records and confirms that she has completed the requirements for the rank advancement. This prevents embarrassment later should the committee board of review determine that the rank requirements had not been satisfactorily completed. This is an opportunity for the Scout to voice what her likes and dislikes about how her patrol and troop are working. A good conference helps the Scout evaluate her accomplishments and set new goals with the Scoutmaster. Goal setting by the Scout makes it possible for the Scoutmaster to help the Scout with his weaknesses and encourage her to use her strengths. Prior to troop meetings (6:00 to 6:30 pm by appointment) and campouts are great times for completing Scoutmaster conferences. A Scout should always bring their handbook to a Scoutmaster conference.

## **C. BOARD OF REVIEW**

**What is a Board of Review?** Boards of Reviews for rank advancement are generally held the first Monday night after a campout. Boards of review however can be requested for any meeting night. It is recommended that you contact the Troop Advancement Chair prior to the meeting night to express your desire to have a board of review. A Scout should always her handbook to a board of review. The objectives of the Board are:

- 1) To make sure the Scout has done what he was supposed to do for the rank
- 2) To see how good an experience the Scout is having in the unit
- 3) To encourage the scout to progress further

While the Scout may be asked to recite the Scout Oath and Law, the purpose of a board of review is not to retest the Scout. The board is composed of at least 3 and not more than 6 members of the troop committee. The Scoutmaster, Assistant Scoutmasters who work directly with the girls, relatives or guardians may not serve as members of a Scout's board of review.

**What is expected to happen during the Board of Review?** The board of review will usually last up to 15 minutes. The Scout should wear the Class A uniform appropriate for her rank. See the section on "Class A" uniforms to understand what is expected. During the meeting, the scout will review what she did for the rank advancement, and what kind of experience she had and is having. She will also discuss how she is or is not applying the Scouting ideals in her life. At the end of the review, the board should know whether a girl is qualified for the rank. The Scout is asked to leave the room while the board members discuss her achievements. The decision must be unanimous. If the decision is positive, the Scout is called in and congratulated. If the board decides that the Scout is not ready, the board will inform the Scout of what she has not done satisfactorily in a specific, positive, and encouraging manner.

**Why do you need both a Scoutmaster Conference and a Troop Committee Board of Review?** These two events are designed to be a check and balance so that neither the Scoutmaster nor the Troop Committee has the sole determination of rank advancement completion.

## **D. PRESENTATION OF AWARDS**

"Court of Honors" are scheduled quarterly, however we promote instant recognition of our Scout's advancements at weekly troop meetings. Parents are highly encouraged to attend Court of Honors because this is a formal occasion during which a girl's achievements are recognized. This is a unique opportunity for parents to take pride in the personal achievements of their daughter.

## **E. PERSONAL RECORD KEEPING**

The Scout is responsible for documenting her scouting activities from the very beginning. This documentation is used to confirm her achievement for rank advancements during a Scoutmaster's Conference, a Board of Review or on occasion, with a Merit Badge Counselor. It is recommended that the Scout's records include the name of the activity, the date of the activity and the amount of time spent. There are places in the Scouts BSA Handbook for this documentation. Nothing is too small to document.

## **E. PERSONAL RECORD KEEPING (Cont.)**

Although the troop keeps records of all Scout advancements, it is in the Scout's best interest to keep her own records in case a discrepancy arises between the Scout and troop records. Many Scouts maintain an advancement notebook containing all of the Scout's rank advancement cards, merit badge award cards, and the Scout's portion of completed merit badge blue cards. Clear plastic notebook inserts with nine separate pockets per page designed for holding baseball trading cards are commonly used to hold the previously mentioned records. Since it is not uncommon for a Scout to lose her handbook on occasion and a well used Scout Handbook (a very good thing) is prone to lose pages, pages for completed rank advancements can be copied and placed into the records notebook. It is recommended that each Scout maintain a record of all campouts and service projects in which she participates. This record should include the name of the activity, the date (s) of the activity, the number of nights of camping, and the number of service hours. This list can be very helpful when completing a merit badge such as "Camping" where the Scout must substantiate that she has spent at least 20 nights camping. The Scout must be careful to keep up with her Scout Handbook and partially completed merit badge blue cards. The Handbook must be presented at Scoutmaster Conferences and Boards of Review and the appropriate blue card must be presented when meeting with a merit badge counselor.

## **MERIT BADGES**

**What is a merit badge?** The merit badge is an emblem which symbolizes that a scout has completed a set of skills in a specific area. "Many are designed to help you increase your ability to be of service to others, to take part in outdoor adventures, to better understand the environment, and to play a valuable role in your family and community."

### **A. Opportunities to Earn a Merit Badge**

1. First at summer camp, there are many merit badges that are offered and that can be completed during a one week summer camp. Many of these merit badges such as swimming, lifesaving, canoeing, rowing, rifle, shotgun, and archery require facilities, equipment, and specially trained counselors that are often not available any other time of the year.
2. Second, there are merit badge colleges in the fall and spring that offer many merit badges that are not available at summer camp. In contrast to summer camp, this is generally an indoor classroom setting.
3. Third, opportunities to complete a merit badge are often offered during the troop monthly program and are tied into the theme for that month. Since these merit badges are tied into the monthly theme, they are planned a calendar year at a time at the annual troop planning session usually held in August or September.
4. Fourth, typically 2 to 4 merit badge classes per year are offered by counselors within the troop and they are taught outside the regular troop meetings and monthly campouts. These merit badge classes can be requested by the PLC or may be offered by a counselor in the troop as he or she perceives the need or desire for that merit badge to be taught.
5. Fifth, a girl may chose to select a merit badge counselor and work on a merit badge on her own. The troop has many merit badge counselors within its own ranks minimizing the need for girls to seek out counselors from other troops within the Butterfield District. Although some merit badge requirements are not suited to being completed in a large group setting such as summer camp, merit badge colleges, or troop meetings, these merit badges may be taught anyway with the understanding that it is the Scout's responsibility to show the initiative to complete all of the requirements for the merit badge.

## **B. SUMMER CAMP**

Summer camp offers a unique opportunity for Scouts to earn merit badges that require outdoor equipment or facilities. These include merit badges such as Archery, Canoeing, Sailing, Environmental Science, Lifesaving, Rifle, Rowing, Shotgun, and Swimming. Craft related merit badges such as Basketry, Leatherwork, Metal Work, and Wood Carving are also summer camp favorites. It is common for girls to complete at least three merit badges at summer camp. Approximately a month or more before summer camp, Scouts will be requested to sign up for the merit badges that they would like to take at summer camp. For new scouts, First Aid, Swimming, and one of the craft merit badges is recommended. The First Aid and Swimming merit badges will allow the Scout to complete key skill requirements for the 2nd Class and 1st Class ranks. Careful attention must be paid to merit badge prerequisites (requirements to be completed before summer camp), merit badge fees (make sure and take enough money for things like leatherwork kits), and to age requirements imposed by each camp for merit badges that are really more suited to older Scouts

## **C. MERIT BADGE UNIVERSITY**

**What is Merit Badge University?** Scouts BSA districts and sometimes troops organize events where counselors for a wide variety of merit badges are assembled to teach merit badge classes and Scouts from many troops are invited. A number of Eagle required merit badges are always offered in addition to many special interest merit badges that are not offered at summer camp. The location of the merit badge college depends on the district or troop organizing the event and the number of girls expected to attend. Troop 182G attends merit badge colleges both within and outside our district. Troop 182G is even considering organizing its own merit badge college for the Scouts of our troop. Merit Badge University are generally held on two separate Saturdays with 3 or 4 weeks in between. A class for a single merit badge typically lasts 90 minutes and a Scout can generally sign up for as many as three merit badges. If a Scout signs up for three merit badges, she can expect to be in class for as long as 4.5 hours on each of the two Saturdays.

Younger Scouts should be careful not to take on more than they can handle when signing up for merit badges at a merit badge college. Parents are encouraged to help their daughters in this decision process. Merit badge books are frequently 60 to 100 pages in length and it is recommended that a Scout read the merit badge book before attending the first Saturday class. Naturally, Scouts can elect to take only one or two merit badges depending on the difficulty of the merit badges, the ability of the Scout, and time availability during this period. Some Scouts can complete three merit badges at a merit badge college and some cannot. If a Scout does not complete a merit badge at the merit badge college, her blue card will be returned to her with the completed requirements signed off on the card. She must then establish contact with a counselor for that merit badge to complete it.

## **D. Process to Earn a Merit Badge**

### **What do I do to complete a merit badge?**

1. Decide which Merit Badge you wish to accomplish. For summer camp and merit badge colleges, there will be a sign-up form that may need to be completed several weeks in advance of the event.
2. Get the Merit Badge book and look at the requirements. Scouts are encouraged to read the merit badge book. Meritbadge.com are also useful resources for reviewing merit badge requirements.
3. Get a Blue Card from the Scoutmaster or one of his assistants and fill out the required preliminary information. Ask if you are unsure what needs to be filled out.
4. Get a merit badge counselor. For summer camp and merit badge university, merit badge counselors will be assigned to each Scout and the troop has little or no control over the assignments. For merit badges taught within the troop either during or outside of regularly scheduled troop meetings, the counselor will announce that he or she is teaching the class. For independent study, the Scout is responsible for reviewing the list of Merit Badge counselors and choosing one for her Merit Badge. The current list of Troop 182G merit badge counselors can be found on the Troop 182G web site ( [www.russellville182.org](http://www.russellville182.org) ). If the merit badge has no counselor shown, see the Scoutmaster, assistant Scoutmaster, or Committee Chairman for a list that includes counselors outside Troop 182G. Consult with the Scoutmaster if you need assistance selecting a merit badge counselor in our troop.
5. Contact the counselor BEFORE you attempt any of the requirements.
6. Meet with the counselor (2 deep leadership required) to discuss the Merit Badge. Have the counselor complete their information section of the Blue Card.
7. Complete the requirements for the badge.
8. Contact the counselor and have Blue Card completed and signed by counselor.
9. Return your two (2) parts of the Blue Card back to your Scoutmaster for his signature.
10. Get your section of the blue card back with the Merit Badge patch. Place in a card pocket for proof, later, that the Merit Badge is complete.
11. Sew patch on Merit Badge sash.

**What are Blue Cards?** When a Scout determines that she is ready to begin work on a merit badge, she must approach the Scoutmaster and request a "blue card". A separate blue card must be requested for each merit badge that a Scout wishes to work on. Until a merit badge is completed, progress is documented by the merit badge counselor on the blue card. Once the merit badge is completed, the blue card is separated into three distinct sections. The counselor keeps one section for his records. The Scout keeps one section for his records. The final section is turned in to the Troop Advancement Chair or Scoutmaster so that the troop will know to award the Scout the merit badge.

**Note: It is very important that the girl keeps her portion of the blue cards and merit badge cards in a safe place for future reference. Troop 182G uses scoutbook.com as our official document.**

**What are Merit Badge Counselors?** A merit badge counselor is someone, like you, who is willing to share his/her expertise. It is the merit badge counselor's job to determine that a Scout has met the requirements for a merit badge. The merit badge counselor coaches the Scout over different hurdles of the requirements and deepens her knowledge of the subject involved. A copy of the application for becoming a merit badge counselor is in Appendix F. For a list of merit badge counselors see Appendix E.

## **E. Eagle Required Merit Badges**

**What are the Eagle required merit badges?** The Eagle rank requires the completion of 21 merit badges. Of these 21, 13 are required. The other 9 are chosen by the Scout.

These include:

- First Aid
- Citizenship in the Community
- Citizenship in the Nation
- Citizenship in the World
- Citizenship in Society
- Communications
- Camping
- Cooking
- Personal Fitness
- Family Life
- Personal Management
- Environmental Science or Sustainability
- Swimming or Hiking or Cycling
- Emergency Preparedness or Lifesaving

## **X. ASSOCIATION WITH ADULTS**

While Troop 182G is committed to being a “girl run troop”, mentoring and coaching from adults is a key method for encouraging personal development. All key junior leadership positions in the troop have corresponding adult positions responsible for serving in this role.

### **Mentees Adult Mentors**

- Senior Patrol Leader (SPL) <-> Scoutmaster/Scoutmaster Corps
- Assistant SPLs <-> Scoutmaster/Scoutmaster Corps
- Troop Guides <-> ASMs assigned to each “new Scout” patrol
- Troop Quartermaster <-> Equipment Chair
- Junior Assist. Scoutmaster <-> Scoutmaster/Scoutmaster Corps
- Chaplain Aid <-> Adult Troop Chaplain

### **A. Personal Growth**

Each boy is encouraged to learn and become aware of his own personal gifts. This process is developed by listening, looking, asking, reading, writing, learning by doing and learning by teaching. Discipline, good judgment and self-reliance are stressed during this process.

## **B. Leadership Development**

Girls have several opportunities to learn leadership skills on both the troop and patrol levels. These positions are described In Appendix G. As the girl matures, more leadership opportunities are available to her.

## **C. The “Girl Run” Troop**

Troop 182G is a girl run troop. The girls select the events and themes for the next calendar year at a planning meeting in September. At Patrol Leader’s Councils (PLC) held the first Monday after each month, the girls prepare detailed plans for the meetings and campout for the next month. The PLC replaces the regular troop meeting for that week.

## **XI. Troop Planning Meeting**

Each year in September the Troop has a planning meeting where the girls meet to decide the activities they will do for the following year. This is a very important meeting for the girls to attend. At this meeting the girls have a “brain storming” session of all of the possible activities, and then they vote on what Troop activities they want to do the following year. However, all of the rest of the activities that our troop plans for the year come from this planning meeting. After this meeting the Troop Committee meets to put together the Troop calendar for the following year. In order for the girls to have a say in the planning of our calendar, they must be at this meeting.

## **XII. Troop Elections**

The boys elect their own leaders. Elections are held in August and February and become effective on September 1 and March 1 respectively.

## **XIII. Junior Leader Training**

Either just before or just after troop elections are held, a Junior Leader Training session is generally conducted by members of the Scoutmaster Corps and troop committee. This session reviews the function of each position and gives an overall view of the leadership structure as a whole. Although this training session is open to any Scout or Scouter in the troop, it is specifically targeted for newly elected or appointed junior leaders and assistant Scoutmasters who would like to learn more about junior leader roles and responsibilities.

## **XIV. Boy Scout Uniform**

There are two basic uniforms worn in Troop 182G, the Class A and the Class B. Girls grow a lot between the ages of eleven and eighteen.

### **A. Class A (Field) Uniform**

**What is the Class A (Field) Uniform?** The Class A (Field) uniform includes the basic tan Scouts BSA shirt with patches in the appropriate location, a troop neckerchief, a merit badge sash, a BSA belt, BSA socks, and BSA pants. The troop committee realizes that purchasing all of these items, especially pants, can be expensive for new scouts and has implemented a policy to increase the expectation for “completeness” of Scouts uniforms for Board of Reviews as the Scouts progress in rank. For example, a Scout participating in her Tenderfoot Board of Review would be expected to have his tan shirt, and troop neckerchief. Remaining attire is of the Scout’s choosing, but must be clean and neat in appearance. An Eagle Scout would be expected to have a complete Scouts BSA class A (Field) uniform.

## **A. Class A (Field) Uniform (Cont.)**

This policy is designed to tailor a Scout's financial commitment to his level of commitment to the program. If the Scout so desires, he may check out pants or other Scout clothing from the troop's "experienced" clothing closet for Boards of Review.

	<b>Class A Shirt</b>	<b>Troop Neckerchief</b>	<b>Troop Hat</b>	<b>Merit Badge Sash</b>	<b>BSA Belt</b>	<b>BSA Socks</b>	<b>BSA Pants</b>
<b>BOR for Tenderfoot</b>	♣	♣	♣				
<b>BOR for 2<sup>nd</sup> Class</b>	♣	♣	♣	♣	♣		
<b>BOR for 1<sup>st</sup> Class</b>	♣	♣	♣	♣	♣	♣	
<b>BOR for Star</b>	♣	♣	♣	♣	♣	♣	♣
<b>BOR for Life</b>	♣	♣	♣	♣	♣	♣	♣
<b>BOR for Eagle</b>	♣	♣	♣	♣	♣	♣	♣
<b>Weekly Meetings (indoors)</b>	♣				if avail.		
<b>Traveling</b>	♣				if avail.		
<b>Merit Badge Counselor</b>	♣	♣			if avail.	if avail.	if avail.
<b>Court of Honor</b>	♣	♣		if avail.	if avail.	if avail.	if avail.

**When do I wear the Class A (Field) Uniform?** The Class A (Field) uniform is worn at the following times:

1. When the weekly meetings are held indoors (late fall, winter, early spring)
2. When traveling in an adult leader's vehicle (campouts, field trips, etc.)
3. During a Board of Review
4. When attending a Merit Badge College or meeting with a merit badge counselor
5. During meals at Summer Camp
6. During popcorn sales (Council organized fund-raisers)
7. At Courts of Honor or Eagle Courts of Honor
8. During outdoor meetings if a class B is not available.

**When do I not wear the Class A (Field) Uniform?** The Class A (Field) uniform is NOT worn during troop organized fundraising activities like the Blue and Gold Banquets, troop work days, trailer loadings, and merit badge classes at summer camp.

## **B. Class B (Activity) Uniform**

**What is the Class B (Activity) uniform?** The Class B (Activity) uniform is a T-shirt with the troop logo on it. These can be ordered through the troop. These are usually worn with either blue jeans or scout shorts. See the membership chairperson if you are interested in buying one.

**When do I wear the Class B (Activity) uniform?** The Class B (Activity) uniform is worn at the following times:

1. When the weekly meetings are held outdoors (late spring, summer, early fall)
2. During summer camp (optional)
3. When the troop caters Blue and Gold Banquets.



## **XV. ADULT PARTICIPATION**

While the girls make the decisions and plan the programs, adult involvement is required to keep the troop running smoothly. Troop 182G encourages adult involvement with our scouts so all may benefit from the “Scouting Experience”. Although the Scoutmaster Corps and the troop committee are fully staffed as shown below with a diverse group of adult leaders, we are always interested in the contributions that a new adult leader can bring to the troop. Whether driving Scouts, pulling trailers, serving as a merit badge counselor, or taking the lead in the logistical planning for events such as campouts, we need every adult to contribute periodically to the program of the troop. We can never have too much help.

**How can I decide where I as an adult will best fit into the troop program?** Needs for adult support come up continuously. You just have to be there when these needs come up. Attend committee meetings, PLCs, and the troop annual planning session. Decide where you can make a difference and just jump right in. Contact the Committee Chair or the Scoutmaster and see if some unmet needs exist. Review the merit badge counselor list and identify where troop counselor deficiencies and your unique skills and expertise overlap. Fill out a merit badge counselor application (see Appendix F) and turn it in to the Committee Chair. Volunteer to lead the planning for a campout at the troop annual planning session. Develop an idea for a campout theme and present it to the Scouts at the troop annual planning session for consideration. Register as an adult Scouter and take Youth Protection Training. If you have a vision for how to improve some facet of the program, don’t hesitate to take the initiative and make it happen.

**Who are all the “Other leaders in uniform at the meeting”?** We are very fortunate to have several leaders involved with our troop who are not presently serving in the capacity of Scoutmaster, Assistant Scoutmaster or Troop Committee member. Some have sons/daughters who made Eagle and have flown away. However, these dedicated men & women have stayed with us and are a valuable resource for our daughters. Many are merit badge counselors and continue to help with the development of our program.

### **A. Scoutmaster Corps**

The Scoutmaster and Assistant Scoutmasters mentor the Senior Patrol Leader and Patrol Leader’s Council. The Scoutmaster Corps tries to hold Scoutmaster Planning meetings on a quarterly basis to review the calendar for the remainder of the year to account for council and district schedule changes and updates. Generally, there is an Assistant Scoutmaster (ASM) for each patrol in the troop. The ASMs for each patrol mentor and coach the patrol leaders and troop guides and watch for issues such as reductions in attendance or interpersonal conflicts that might require specific mentoring to keep minor issues from becoming major ones.

### **B. Troop Committee**

The troop committee supports the logistical needs of the troop including driving to campouts. In addition, committee positions such as quartermaster mentor their junior leader counterpart in the troop. Committee meetings are generally held during the second Thursday before the troop meeting. It takes several drivers to transport the girls to activities. Driver’s are required to provide their Driver’s License #, Make and Model of their vehicle, their auto insurance carrier information and the amount of insurance coverage. We ask that you provide this information on the information sheet (Appendix A) so we have it on file

### **C. Failing Forward**

Troop 182G firmly believes in the concept of “failing forward”. Although a poor decision can occur even with mentoring by the adult leaders, every poor decision by the girls creates a wonderful opportunity for a “teachable moment”. The adult leaders do not wish to eliminate these opportunities by making or overruling the decisions of the girls unless they involve a key issue such as safety.

## **XVI. ADULT TRAINING**

### **A. Youth Protection Training**

**Why do leaders have to take youth protection training and how often must they take it?**

Scout youth protection policies require that an adult leader have an accompanying adult when he/she is working with Scouts. This is referred to as “two deep leadership”. It is required that one of these two adults be a registered Scouter with YPT. Although this requirement is very easy to comply with at troop meetings, every adult Scouter on campouts must be very mindful of this requirement considering that there are generally fewer adults on campouts than are at the meetings. Any adult that plans to attend campouts on a regular basis should take Youth Protection Training. YPT must be renewed every two years. However many Summer Camps and some out of state programs require that, YPT be renewed annually. YPT is offered online: <http://my.scouting.org/>

Our charter organization has instituted an aggressive youth protection policy that exceeds the BSA Youth Protection training and two deep leadership requirements in that it requires a local, state, and federal background records check for all adults registered with the troop. The troop naturally supports this measure intended to keep our youth safe. This background check and associated fee only apply to adults who will be driving, camping, or otherwise closely working with the girls.

### **B. Safety Training**

Special activities often require special safety training such as Safety Afloat and Safe Swim Defense. These training classes are generally arranged for adults in the troop by the Assistant Scoutmaster responsible for planning a swimming or boating event to insure that Safe Guide To Scouting guidelines are met. Both Safety Afloat and Safe Swim are available online.

### **C. Scoutmaster/Assistant Scoutmaster Training**

Training is offered once or twice a year by the Quapaw Council and is recommended for all adults in the troop that wish to work closely with the Scouts in an assistant Scoutmaster role. This course will provide detailed information about how model troops and model patrols are expected to function.

### **D. Committee Member Training**

The Troop Committee Challenge training course can be found on-line at: <http://my.scouting.org>. This fun and interactive training serves as a vital tool for new troop committee members as well as for veterans. The purpose of this training is to help each troop committee work as a team to improve the Scouting experience for youth and adult members.

### **E. Merit Badge Counselor Training**

In order to be a counselor for certain merit badges and to utilize Westark Council facilities for those merit badges, special training classes must be attended. These include archery, rock climbing, rifle, and shotgun. Once again, an occasional visit to the Westark Council website is recommended to check on upcoming training opportunities.

## **F. Advanced Adult Training**

There are numerous opportunities for adults to get additional training to help them guide youth through the Scouting program. Many of these can be completed entirely on-line. Some of these courses are advanced courses that are only offered a few times a year or at specific locations. Below is a list of some of the advanced training opportunities for adults:

- Wood Badge
- Powder horn
- Philmont Leadership Challenge
- Cold Weather Camping
- Leave No Trace
- Passport to High Adventure Training
- Wilderness First Aid
- CPR certification
- First Aid certification
- Trek Safely
- NRA – Range Master Training

## **XVII. PARENT ENCOURAGEMENT**

Parental involvement and encouragement cannot be underestimated. Parents can make a big difference in the following ways:

1. Make sure your daughter takes her handbook on all campouts.
2. Girls are always hesitant to commit to going on campouts and other Scout activities if they are unsure if there is a family conflict. Check the calendar and the troop newsletter and tell your daughter ahead of time that he is free to commit to going on an upcoming Scout activity.
3. Encourage your daughter to attend meetings and especially campouts and summer camp. Help her to be there on time.
4. If you sense an issue developing that is detracting from your daughter's Scouting experience, get with the Scoutmaster or one of the Assistant Scoutmasters so that the issue can be dealt with. Issues that are not brought to light cannot be addressed and they are likely to reoccur affecting other Scouts in the future.
5. Show pride in your daughter's accomplishments by attending Courts of Honor.
6. Take an interest in the merit badges that your son is signing up for, especially at merit badge university. Don't assume that he is completing her merit badge homework any more than she would complete her school homework if you didn't take an active interest.
7. Accept a volunteer position with the troop committee or the Scoutmaster Corps. Not one of us can do it all by ourselves; but together using our own special talents, we can offer a superior Scouting experience to every boy in the troop. Determine what your talents are and take on a role that lets you be good at what you do best.
8. Please make every effort to attend at least the last 15 minutes of the troop meeting (8:15-8:30). This is generally the time when announcements are made and awards are handed out.
9. When your daughter accepts a position of responsibility in the troop or her patrol, take the time to figure out what your daughter is really responsible for and mentor her to fulfill that responsibility.

## **XVIII. TROOP FINANCES / FUNDRAISER**

### **A. American Flag Posting**

At major holidays, the troop is responsible for posting (morning) and retrieving (evening) American Flags at certain homes in the Russellville, London, Dover, Atkins, and Pottsville. The troop is paid for each flag placed. For this fundraiser, no Scout Bucks are awarded. Instead, the Scouts earn service hours

### **B. Scout Bucks**

By working at a banquet, a girl earns money both for the troop and himself (50/50 profit split). The money earned for himself is in the form of "Scout Bucks". Each family has a "Scout Bucks" account from which the Scout can make withdrawals to reimburse any scout-related expense. It is not uncommon for parents and siblings to also help at these banquets. They will each earn a share that will be placed in the family account for the benefit of the Scout in their family.

## **XIX. SERVICE**

Troop 182G participates in a number of service oriented activities including:

- Scouting For Food (February)
- Scout Sunday (February)
- Adopt a Needy Family (Christmas)
- Eagle Service Projects

If you have an idea for a service project, please do not hesitate to present it during a committee meeting or at the monthly PLC.

The troop has a number of Scouts and Scouters who are members of The Order of the Arrow, or OA. OA honors campers – Scouts and Scouters –who best exemplify the Scout Oath and Law in their daily lives. The purpose of the Order is to develop and maintain camping traditions and spirit and to set an example of service to others. Scout induction into OA is by vote of the Scouts in the troop. Scouter (adult) induction into OA is by vote of the adult Scouters in the troop. Eligibility is based upon rank and camping experience.

## **Scout Terms & Abbreviations**

**Blue Card:** Record of work (sometimes partial completion) on a particular merit badge. The blue card is the declaration of a Scout's intent to work on a merit badge.

**BOR:** Board of Review

**Captain Kernal Or Kernal Captain:** Adult in charge of popcorn sales.

**Camporee:** An annual district (13 to 15 troops) planned camping activity where patrols from different troops compete in skill based events. Every four years, the Westark Council conducts a council camporee.

**Chuck Box:** A supply box which converts into a small kitchen area during campouts. It is generally supplied with the basic supplies and utensils needed for cooking. Patrols are responsible for replacing consumables.

**Committee:** The group of adult Scouters that serves the logistical needs of the troop. This is a group of parents that take care of the business end of the troop. They keep track of finances, review the troop calendar, coordinate fund-raisers and address other business issues.

**Committee member:** YOU

**Court of Honor:** A formal ceremony dedicated to recognitions and awards

**Merit Badge Counselor:** A district registered/approved counselor who guides a boy in a merit badge.

**OA:** Order of the Arrow, an honor Scout organization dedicated to service.

**PLC:** Patrol Leader's Council, held generally the first Monday after every campout.

**SPL:** Senior Patrol Leader, the senior boy leader in the troop

**Scoutmaster Conference:** A meeting between a Scout and a Scoutmaster to discuss achievements and goals. A Scoutmaster conference is required for all rank advancements.

**Scout Bucks:** The amount of money a scout has earned to use for Scouting related expenses by working on Fund-raisers.

**Scoutmaster:** BSA trained adult who guides the boys through the program.

**Trailer loading:** The time when the girls load the troop trailers in preparation for a campout.

# Campout Equipment List

Consider clothing and outerwear made of synthetic fabrics (Polypropylene, Thermasilk, Thermax, etc.) which transport moisture and dry quickly, unlike cotton.

## Troop's Gear

### **Sleeping**

- Tents, Stakes (2 scouts per 1 tent)
- Drop Cloths (Tarps for under Tents)
- Lanterns
- Rope & Clothespins
- Hammers

### **Cooking**

- Pots and Pans
- Dish Soap, Dish Towels, Wash pan
- Plates, Cups, Bowls
- Plasticware
- Cooking Utensils / Can Openers / Cutting Board
- Fire Starter
- Propane / Cook stove
- Fire Extinguisher
- Dining Fly / Poles / Tie Downs
- Food
- Paper Towels
- Water Container
- Garbage bags
- 30' – 50' paracord if raising a bear bag

### **Campsite**

- Flags with Stands
- First Aid Kit
- Toilet paper (just in case)
- Hand sanitizers
- Tools (bow saws, hand axes, shovels, etc.)

## Individual's Gear

### **General List**

- Sleeping bag & Sleeping pad
- Pillow
- Lightweight poncho or Rain Jacket
- Flashlight + batteries
- Pocket knife (Totin' Chip Required!)
- Toiletries (Toothbrush, Toothpaste, Shampoo)
- Sunscreen
- Clothing (one set/ day, +1)
- Long pants
- Long shirt
- Extra socks
- Extra shoes (no open toe)
- Mess kit w/ utensils and cup
- Water bottle (canteen)
- Day pack (e.g., "book bag")
- Chair (?)
- Insect repellent (no aerosols)
- Scout Handbook
- Pen & paper
- A watch
- Compass
- Whistle
- Prescribed medications
- Ensure inhalers are full!

### **Summer Camp**

- All the above (General List)
- Dirty clothes bag
- Towels and wash rag
- Shower shoes (flip-flops, shower only)
- Bathing suit and towel

### **Winter Camp**

- All the above (General List)
- Winter hat
- Gloves (2 pairs)
- Scarf
- Winter boots
- Warm socks
- NO shorts

# Adult Profile

Name: \_\_\_\_\_

**Phone**

List phone# in order of preference  
Check if OK to send SMS

- 1 (\_\_\_\_)\_\_\_\_-\_\_\_\_ m/h/w
- 2 (\_\_\_\_)\_\_\_\_-\_\_\_\_ m/h/w
- 3 (\_\_\_\_)\_\_\_\_-\_\_\_\_ m/h/w

**E-mail**

\_\_\_\_\_

**Background**

Occupation: \_\_\_\_\_ Employer: \_\_\_\_\_

Previous Occupations: \_\_\_\_\_

Degree(s) In: \_\_\_\_\_

Were you in scouting as a youth? \_\_\_\_\_ Rank: \_\_\_\_\_

Past Scouter experience: \_\_\_\_\_

BSA Training: \_\_\_\_\_

Other youth organization affiliation/ leadership: \_\_\_\_\_

\_\_\_\_\_

Other non-profit affiliation/ leadership: \_\_\_\_\_

\_\_\_\_\_

Hobbies: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Sports: \_\_\_\_\_

\_\_\_\_\_

Certifications (safety, professional or hobby; e.g. CPA, NRA, CDL, ACA): \_\_\_\_\_

\_\_\_\_\_

CPR \_\_\_\_\_ first aid \_\_\_\_\_ medical professional \_\_\_\_\_  
(agency) (agency) (e.g. RN,MD,EMT)

**Resources** *I have or I can...*

access to camping property \_\_\_\_\_  
(location)

Vehicle: \_\_\_\_\_ passengers: \_\_\_\_\_  tow hitch  
(make/model) (qty.)

boat \_\_\_\_\_  canoe  raft  kayak other aquatic \_\_\_\_\_  
(size/ type)

trailer \_\_\_\_\_ workshop \_\_\_\_\_  
(box/ flat) (capabilities: wood/metal/craft/auto)

graphic design experience  accounting experience  marketing experience

web design/ admin experience  take (35mm) pictures  take (HD) video

Other resources or contacts that might be able to help the troop with... \_\_\_\_\_

\_\_\_\_\_

**Merit Badges**

The following list are all of the merit badges available. Please indicate areas in which you may have some skill or ability to help with. This is not a commitment to be a counselor.

- |   |   |  |
|---|---|--|
| <input type="checkbox"/> American Business            | <input type="checkbox"/> Family Life                | <input type="checkbox"/> Plant Science             |
| <input type="checkbox"/> American Cultures            | <input type="checkbox"/> Farm Mechanics             | <input type="checkbox"/> Plumbing                  |
| <input type="checkbox"/> American Heritage            | <input type="checkbox"/> Fingerprinting             | <input type="checkbox"/> Pottery                   |
| <input type="checkbox"/> American Labor               | <input type="checkbox"/> Fire Safety                | <input type="checkbox"/> Programming               |
| <input type="checkbox"/> Animal Science               | <input type="checkbox"/> First Aid                  | <input type="checkbox"/> Public Health             |
| <input type="checkbox"/> Animation                    | <input type="checkbox"/> Fish & Wildlife Management | <input type="checkbox"/> Public Speaking           |
| <input type="checkbox"/> Archaeology                  | <input type="checkbox"/> Fishing                    | <input type="checkbox"/> Pulp and Paper            |
| <input type="checkbox"/> Archery                      | <input type="checkbox"/> Fly-Fishing                | <input type="checkbox"/> Radio                     |
| <input type="checkbox"/> Architecture                 | <input type="checkbox"/> Forestry                   | <input type="checkbox"/> Railroading               |
| <input type="checkbox"/> Art                          | <input type="checkbox"/> Game Design                | <input type="checkbox"/> Reading                   |
| <input type="checkbox"/> Astronomy                    | <input type="checkbox"/> Gardening                  | <input type="checkbox"/> Reptile & Amphibian Study |
| <input type="checkbox"/> Athletics                    | <input type="checkbox"/> Genealogy                  | <input type="checkbox"/> Rifle Shooting            |
| <input type="checkbox"/> Automotive Maintenance       | <input type="checkbox"/> Geocaching                 | <input type="checkbox"/> Robotics                  |
| <input type="checkbox"/> Aviation                     | <input type="checkbox"/> Geology                    | <input type="checkbox"/> Rowing                    |
| <input type="checkbox"/> Backpacking                  | <input type="checkbox"/> Golf                       | <input type="checkbox"/> Safety                    |
| <input type="checkbox"/> Basketry                     | <input type="checkbox"/> Graphic Arts               | <input type="checkbox"/> Salesmanship              |
| <input type="checkbox"/> Bird Study                   | <input type="checkbox"/> Hiking                     | <input type="checkbox"/> Scholarship               |
| <input type="checkbox"/> Bugling                      | <input type="checkbox"/> Home Repairs               | <input type="checkbox"/> Scouting Heritage         |
| <input type="checkbox"/> Camping                      | <input type="checkbox"/> Horsemanship               | <input type="checkbox"/> Scuba Diving              |
| <input type="checkbox"/> Canoeing                     | <input type="checkbox"/> Indian Lore                | <input type="checkbox"/> Sculpture                 |
| <input type="checkbox"/> Chemistry                    | <input type="checkbox"/> Insect Study               | <input type="checkbox"/> Search and Rescue         |
| <input type="checkbox"/> Chess                        | <input type="checkbox"/> Inventing                  | <input type="checkbox"/> Shotgun Shooting          |
| <input type="checkbox"/> Citizenship in the Community | <input type="checkbox"/> Journalism                 | <input type="checkbox"/> Signs, Signals, & Codes   |
| <input type="checkbox"/> Citizenship in the Nation    | <input type="checkbox"/> Kayaking                   | <input type="checkbox"/> Skating                   |
| <input type="checkbox"/> Citizenship in the World     | <input type="checkbox"/> Landscape Architecture     | <input type="checkbox"/> Small-Boat Sailing        |
| <input type="checkbox"/> Climbing                     | <input type="checkbox"/> Law                        | <input type="checkbox"/> Snow Sports               |
| <input type="checkbox"/> Coin Collecting              | <input type="checkbox"/> Leatherwork                | <input type="checkbox"/> Soil & Water Conservation |
| <input type="checkbox"/> Collections                  | <input type="checkbox"/> Lifesaving                 | <input type="checkbox"/> Space Exploration         |
| <input type="checkbox"/> Communication                | <input type="checkbox"/> Mammal Study               | <input type="checkbox"/> Sports                    |
| <input type="checkbox"/> Composite Materials          | <input type="checkbox"/> Medicine                   | <input type="checkbox"/> Stamp Collecting          |
| <input type="checkbox"/> Computers                    | <input type="checkbox"/> Metalwork                  | <input type="checkbox"/> Surveying                 |
| <input type="checkbox"/> Cooking                      | <input type="checkbox"/> Mining in Society          | <input type="checkbox"/> Sustainability            |
| <input type="checkbox"/> Crime Prevention             | <input type="checkbox"/> Model Design & Building    | <input type="checkbox"/> Swimming                  |
| <input type="checkbox"/> Cycling                      | <input type="checkbox"/> Motorboating               | <input type="checkbox"/> Textile                   |
| <input type="checkbox"/> Dentistry                    | <input type="checkbox"/> Moviemaking                | <input type="checkbox"/> Theater                   |
| <input type="checkbox"/> Digital Technology           | <input type="checkbox"/> Music                      | <input type="checkbox"/> Traffic Safety            |
| <input type="checkbox"/> Disabilities Awareness       | <input type="checkbox"/> Nature                     | <input type="checkbox"/> Truck Transportation      |
| <input type="checkbox"/> Dog Care                     | <input type="checkbox"/> Nuclear Science            | <input type="checkbox"/> Veterinary Medicine       |
| <input type="checkbox"/> Drafting                     | <input type="checkbox"/> Oceanography               | <input type="checkbox"/> Water Sports              |
| <input type="checkbox"/> Electricity                  | <input type="checkbox"/> Orienteering               | <input type="checkbox"/> Weather                   |
| <input type="checkbox"/> Electronics                  | <input type="checkbox"/> Painting                   | <input type="checkbox"/> Welding                   |
| <input type="checkbox"/> Emergency Preparedness       | <input type="checkbox"/> Personal Fitness           | <input type="checkbox"/> Whitewater                |
| <input type="checkbox"/> Energy                       | <input type="checkbox"/> Personal Management        | <input type="checkbox"/> Wilderness Survival       |
| <input type="checkbox"/> Engineering                  | <input type="checkbox"/> Pets                       | <input type="checkbox"/> Wood Carving              |
| <input type="checkbox"/> Entrepreneurship             | <input type="checkbox"/> Photography                | <input type="checkbox"/> Woodwork                  |
| <input type="checkbox"/> Environmental Science        | <input type="checkbox"/> Pioneering                 |  |

# ACTIVITY CONSENT FORM AND APPROVAL BY PARENTS OR LEGAL GUARDIAN

## FORMULARIO DE CONSENTIMIENTO Y APROBACIÓN DE ACTIVIDAD POR PARTE DE LOS PADRES DE FAMILIA O TUTORES

The recommended use of this form is for the consent and approval for Cub Scouts, Boy Scouts, Varsity Scouts, Venturers, and guests to participate in a trip, expedition, or activity. It is required for use with flying plans.

El uso recomendado de este formulario es para obtener el consentimiento y aprobación para Cub Scouts, Boy Scouts, Varsity Scouts, Venturers, e invitados para participar en un viaje, expedición o actividad. Es obligatorio para su uso con planes de vuelo.

First name of participant / Nombre del participante \_\_\_\_\_ Middle initial / Inicial del segundo nombre \_\_\_\_\_ Last name / Apellido \_\_\_\_\_

Birth date (month/day/year) / Fecha de nacimiento (mes/día/año) \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ Age during activity / Edad al momento de realizar la actividad \_\_\_\_\_

Address / Domicilio \_\_\_\_\_  
 City / Ciudad \_\_\_\_\_ State / Estado \_\_\_\_\_ Zip / Código postal \_\_\_\_\_

Has approval to participate in (name of activity, orientation flight, outing trip, etc.) / Tiene la aprobación para participar en (nombre de la actividad, vuelo de orientación, excursión, etc.) \_\_\_\_\_ From / De \_\_\_\_\_ (Date) / (fecha) \_\_\_\_\_ to / a \_\_\_\_\_ (Date) / (fecha) \_\_\_\_\_

### INFORMED CONSENT, RELEASE AGREEMENT, AND AUTHORIZATION

### CONSENTIMIENTO INFORMADO, CONVENIO DE EXONERACIÓN Y AUTORIZACIÓN

I understand that participation in Scouting activities involves the risk of personal injury, including death, due to the physical, mental, and emotional challenges in the activities offered. Information about those activities may be obtained from the venue, activity coordinators, or local council. I also understand that participation in these activities is entirely voluntary and requires participants to follow instructions and abide by all applicable rules and the standards of conduct.

Entiendo que la participación en actividades Scouting implica el riesgo de lesiones personales, incluyendo la muerte, debido a los retos físicos, mentales y emocionales en las actividades que se ofrecen. Se puede obtener información sobre dichas actividades en la sede, con los coordinadores de la actividad o el concilio local. También entiendo que la participación en estas actividades es totalmente voluntaria y requiere que los participantes sigan instrucciones y acaten todas las reglas y normas de conducta pertinentes.

In case of an emergency involving my child, I understand that efforts will be made to contact me. In the event I cannot be reached, permission is hereby given to the medical provider to secure proper treatment, including hospitalization, anesthesia, surgery, or injections of medication for my child. Medical providers are authorized to disclose protected health information to the adult in charge and/or any physician or health care provider involved in providing medical care to the participant. Protected Health Information/Confidential Health Information (PHI/CHI) under the Standards for Privacy of Individually Identifiable Health Information, 45 C.F.R. §§160.103, 164.501, etc. seq., as amended from time to time, includes examination findings, test results, and treatment provided for purposes of medical evaluation of the participant, follow-up and communication with the participant's parents or guardian, and/or determination of the participant's ability to continue in the program activities.

En caso de que mi hijo se vea involucrado en una emergencia, entiendo que se realizarán esfuerzos para contactarme. En caso de que yo no pueda ser localizado, por este medio otorgo permiso al proveedor de servicios médicos para garantizar el tratamiento adecuado, incluyendo hospitalización, anestesia, cirugía o inyecciones de medicamentos para mi hijo. Los proveedores de servicios médicos están autorizados a revelar información médica protegida al adulto a cargo, médico o proveedor de servicios médicos involucrado en la prestación de atención médica para el participante. La información de salud protegida/Información médica confidencial (PHI/CHI, por sus siglas en inglés) bajo los Estándares de privacidad de información médica individualmente identificable, 45 C.F.R. §§ 160.103, 164.501, etc., y siguientes, como se enmiendan de vez en cuando, incluyen resultados de reconocimientos médicos, resultados de pruebas y el tratamiento proporcionado para fines de evaluación médica del participante, seguimiento y comunicación con los padres o tutor legal del participante, o determinación de la capacidad del participante para continuar en las actividades del programa.

**With appreciation of the dangers and risks associated with programs and activities including preparations for and transportation to and from the activity, on my own behalf and/or on behalf of my child, I hereby fully and completely release and waive any and all claims for personal injury, death, or loss that may arise against the Boy Scouts of America, the local council, the activity coordinators, and all employees, volunteers, related parties, or other organizations associated with any program or activity.**

**Con reconocimiento de los peligros y riesgos asociados con los programas y actividades incluyendo preparativos y transportación hacia y desde la actividad, en mi propio nombre o en nombre de mi hijo, por este conducto eximo total y completamente, y renuncio a cualquiera y toda reclamación por lesiones personales, muerte o pérdidas que puedan surgir, a la organización Boy Scouts of America, el concilio local, los coordinadores de la actividad y todos los empleados, voluntarios, grupos involucrados, u otras organizaciones asociadas con cualquier programa o actividad.**

**NOTE: The Boy Scouts of America and local councils cannot continually monitor compliance of program participants or any limitations imposed upon them by parents or medical providers. List any restrictions imposed on a child participant in connection with programs or activities below and counsel your child to comply with those restrictions.**

**NOTA: La organización Boy Scouts of America y los concilios locales no pueden vigilar continuamente el cumplimiento de los participantes del programa o cualquier limitación impuesta sobre ellos por los padres o proveedores de servicios médicos. Enumerar más abajo las restricciones impuestas a un niño participante en relación con los programas o actividades.**

List participant restrictions, if any: \_\_\_\_\_  
 None

Restricciones del participante, si existen: \_\_\_\_\_  
 Ninguna

Participant's signature / Firma del participante \_\_\_\_\_ Date / Fecha \_\_\_\_\_

Parent/guardian printed name / Nombre con letra de molde del padre de familia/tutor \_\_\_\_\_ Parent/guardian signature / Firma del padre de familia/tutor \_\_\_\_\_ Date / Fecha \_\_\_\_\_

Area code and telephone number (best contact and emergency contact) / Código de área y número telefónico (primer contacto y contacto de emergencia) \_\_\_\_\_ Email (for use in sharing more details about the trip or activity) / Correo electrónico (para informar más detalles sobre el viaje o actividad) \_\_\_\_\_

Contact the adult leader with any questions: / Póngase en contacto con el líder adulto si es que tiene preguntas:

Name / Nombre \_\_\_\_\_ Phone / Teléfono \_\_\_\_\_ Email / Correo electrónico \_\_\_\_\_



BOY SCOUTS OF AMERICA®



## Part A: Informed Consent, Release Agreement, and Authorization

Full name: \_\_\_\_\_  
DOB: \_\_\_\_\_

**High-adventure base participants:**  
Expedition/crew No.: \_\_\_\_\_  
or staff position: \_\_\_\_\_

### Informed Consent, Release Agreement, and Authorization

I understand that participation in Scouting activities involves the risk of personal injury, including death, due to the physical, mental, and emotional challenges in the activities offered. Information about those activities may be obtained from the venue, activity coordinators, or your local council. I also understand that participation in these activities is entirely voluntary and requires participants to follow instructions and abide by all applicable rules and the standards of conduct.

In case of an emergency involving me or my child, I understand that efforts will be made to contact the individual listed as the emergency contact person by the medical provider and/or adult leader. In the event that this person cannot be reached, permission is hereby given to the medical provider selected by the adult leader in charge to secure proper treatment, including hospitalization, anesthesia, surgery, or injections of medication for me or my child. Medical providers are authorized to disclose protected health information to the adult in charge, camp medical staff, camp management, and/or any physician or health-care provider involved in providing medical care to the participant. Protected Health Information/Confidential Health Information (PHI/CHI) under the Standards for Privacy of Individually Identifiable Health Information, 45 C.F.R. §§160.103, 164.501, etc. seq., as amended from time to time, includes examination findings, test results, and treatment provided for purposes of medical evaluation of the participant, follow-up and communication with the participant's parents or guardian, and/or determination of the participant's ability to continue in the program activities.

(If applicable) I have carefully considered the risk involved and hereby give my informed consent for my child to participate in all activities offered in the program. I further authorize the sharing of the information on this form with any BSA volunteers or professionals who need to know of medical conditions that may require special consideration in conducting Scouting activities.

With appreciation of the dangers and risks associated with programs and activities, on my own behalf and/or on behalf of my child, I hereby fully and completely release and waive any and all claims for personal injury, death, or loss that may arise against the Boy Scouts of America, the local council, the activity coordinators, and all employees, volunteers, related parties, or other organizations associated with any program or activity.

I also hereby assign and grant to the local council and the Boy Scouts of America, as well as their authorized representatives, the right and permission to use and publish the photographs/film/videotapes/electronic representations and/or sound recordings made of me or my child at all Scouting activities, and I hereby release the Boy Scouts of America, the local council, the activity coordinators, and all employees, volunteers, related parties, or other organizations associated with the activity from any and all liability from such use and publication. I further authorize the reproduction, sale, copyright, exhibit, broadcast, electronic storage, and/or distribution of said photographs/film/videotapes/electronic representations and/or sound recordings without limitation at the discretion of the BSA, and I specifically waive any right to any compensation I may have for any of the foregoing.



**NOTE: Due to the nature of programs and activities, the Boy Scouts of America and local councils cannot continually monitor compliance of program participants or any limitations imposed upon them by parents or medical providers. However, so that leaders can be as familiar as possible with any limitations, list any restrictions imposed on a child participant in connection with programs or activities below.**



List participant restrictions, if any:  None

\_\_\_\_\_

I understand that, if any information I/we have provided is found to be inaccurate, it may limit and/or eliminate the opportunity for participation in any event or activity. If I am participating at Philmont, Philmont Training Center, Northern Tier, Florida Sea Base, or the Summit Bechtel Reserve, I have also read and understand the supplemental risk advisories, including height and weight requirements and restrictions, and understand that the participant will not be allowed to participate in applicable high-adventure programs if those requirements are not met. The participant has permission to engage in all high-adventure activities described, except as specifically noted by me or the health-care provider. If the participant is under the age of 18, a parent or guardian's signature is required.

Participant's signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/guardian signature for youth: \_\_\_\_\_ Date: \_\_\_\_\_

(If participant is under the age of 18)

Second parent/guardian signature for youth: \_\_\_\_\_ Date: \_\_\_\_\_

(If required; for example, California)

### Complete this section for youth participants only:

#### Adults Authorized to Take to and From Events:

You must designate at least one adult. Please include a telephone number.

Name: \_\_\_\_\_

Name: \_\_\_\_\_

Telephone: \_\_\_\_\_

Telephone: \_\_\_\_\_

#### Adults NOT Authorized to Take Youth To and From Events:

Name: \_\_\_\_\_

Name: \_\_\_\_\_

Telephone: \_\_\_\_\_

Telephone: \_\_\_\_\_



## Part B: General Information/Health History

**Full name:** \_\_\_\_\_

**High-adventure base participants:**

Expedition/crew No.: \_\_\_\_\_

or staff position: \_\_\_\_\_

**DOB:** \_\_\_\_\_

Age: \_\_\_\_\_ Gender: \_\_\_\_\_ Height (inches): \_\_\_\_\_ Weight (lbs.): \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ ZIP code: \_\_\_\_\_ Telephone: \_\_\_\_\_

Unit leader: \_\_\_\_\_ Mobile phone: \_\_\_\_\_

Council Name/No.: \_\_\_\_\_ Unit No.: \_\_\_\_\_

Health/Accident Insurance Company: \_\_\_\_\_ Policy No.: \_\_\_\_\_



**Please attach a photocopy of both sides of the insurance card. If you do not have medical insurance, enter "none" above.**



**In case of emergency, notify the person below:**

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Address: \_\_\_\_\_ Home phone: \_\_\_\_\_ Other phone: \_\_\_\_\_

Alternate contact name: \_\_\_\_\_ Alternate's phone: \_\_\_\_\_

### Health History

Do you currently have or have you ever been treated for any of the following?

Yes	No	Condition	Explain
<input type="checkbox"/>	<input type="checkbox"/>	Diabetes	<b>Last HbA1c percentage and date:</b>
<input type="checkbox"/>	<input type="checkbox"/>	Hypertension (high blood pressure)	
<input type="checkbox"/>	<input type="checkbox"/>	Adult or congenital heart disease/heart attack/chest pain (angina)/heart murmur/coronary artery disease. Any heart surgery or procedure. Explain all "yes" answers.	
<input type="checkbox"/>	<input type="checkbox"/>	Family history of heart disease or any sudden heart-related death of a family member before age 50.	
<input type="checkbox"/>	<input type="checkbox"/>	Stroke/TIA	
<input type="checkbox"/>	<input type="checkbox"/>	Asthma	<b>Last attack date:</b>
<input type="checkbox"/>	<input type="checkbox"/>	Lung/respiratory disease	
<input type="checkbox"/>	<input type="checkbox"/>	COPD	
<input type="checkbox"/>	<input type="checkbox"/>	Ear/eyes/nose/sinus problems	
<input type="checkbox"/>	<input type="checkbox"/>	Muscular/skeletal condition/muscle or bone issues	
<input type="checkbox"/>	<input type="checkbox"/>	Head injury/concussion	
<input type="checkbox"/>	<input type="checkbox"/>	Altitude sickness	
<input type="checkbox"/>	<input type="checkbox"/>	Psychiatric/psychological or emotional difficulties	
<input type="checkbox"/>	<input type="checkbox"/>	Behavioral/neurological disorders	
<input type="checkbox"/>	<input type="checkbox"/>	Blood disorders/sickle cell disease	
<input type="checkbox"/>	<input type="checkbox"/>	Fainting spells and dizziness	
<input type="checkbox"/>	<input type="checkbox"/>	Kidney disease	
<input type="checkbox"/>	<input type="checkbox"/>	Seizures	<b>Last seizure date:</b>
<input type="checkbox"/>	<input type="checkbox"/>	Abdominal/stomach/digestive problems	
<input type="checkbox"/>	<input type="checkbox"/>	Thyroid disease	
<input type="checkbox"/>	<input type="checkbox"/>	Excessive fatigue	
<input type="checkbox"/>	<input type="checkbox"/>	Obstructive sleep apnea/sleep disorders	<b>CPAP: Yes</b> <input type="checkbox"/> <b>No</b> <input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	List all surgeries and hospitalizations	<b>Last surgery date:</b>
<input type="checkbox"/>	<input type="checkbox"/>	List any other medical conditions not covered above	



## Part B: General Information/Health History

Full name: \_\_\_\_\_  
 DOB: \_\_\_\_\_

**High-adventure base participants:**  
 Expedition/crew No.: \_\_\_\_\_  
 or staff position: \_\_\_\_\_

### Allergies/Medications

Are you allergic to or do you have any adverse reaction to any of the following?

Yes	No	Allergies or Reactions	Explain	Yes	No	Allergies or Reactions	Explain
<input type="checkbox"/>	<input type="checkbox"/>	Medication		<input type="checkbox"/>	<input type="checkbox"/>	Plants	
<input type="checkbox"/>	<input type="checkbox"/>	Food		<input type="checkbox"/>	<input type="checkbox"/>	Insect bites/stings	

List all medications currently used, including any over-the-counter medications.

CHECK HERE IF NO MEDICATIONS ARE ROUTINELY TAKEN.  IF ADDITIONAL SPACE IS NEEDED, PLEASE INDICATE ON A SEPARATE SHEET AND ATTACH.

Medication	Dose	Frequency	Reason

YES  NO Non-prescription medication administration is authorized with these exceptions: \_\_\_\_\_

Administration of the above medications is approved for youth by:

\_\_\_\_\_/\_\_\_\_\_  
 Parent/guardian signature MD/DO, NP, or PA signature (if your state requires signature)

!

**Bring enough medications in sufficient quantities and in the original containers. Make sure that they are NOT expired, including inhalers and EpiPens. You SHOULD NOT STOP taking any maintenance medication unless instructed to do so by your doctor.**

!

### Immunization

The following immunizations are recommended by the BSA. Tetanus immunization is required and must have been received within the last 10 years. If you had the disease, check the disease column and list the date. If immunized, check yes and provide the year received.

Yes	No	Had Disease	Immunization	Date(s)
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Tetanus	
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Pertussis	
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Diphtheria	
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Measles/mumps/rubella	
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Polio	
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Chicken Pox	
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Hepatitis A	
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Hepatitis B	
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Meningitis	
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Influenza	
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Other (i.e., HIB)	
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Exemption to immunizations (form required)	

**Please list any additional information about your medical history:**

**DO NOT WRITE IN THIS BOX**  
 Review for camp or special activity.

Reviewed by: \_\_\_\_\_

Date: \_\_\_\_\_

Further approval required:  Yes  No

Reason: \_\_\_\_\_

Approved by: \_\_\_\_\_

Date: \_\_\_\_\_

## Part C: Pre-Participation Physical

This part must be completed by certified and licensed physicians (MD, DO), nurse practitioners, or physician assistants.

Full name: \_\_\_\_\_

DOB: \_\_\_\_\_

**High-adventure base participants:**

Expedition/crew No.: \_\_\_\_\_  
or staff position: \_\_\_\_\_



**You are being asked to certify that this individual has no contraindication for participation inside a Scouting experience. For individuals who will be attending a high-adventure program, including one of the national high-adventure bases, please refer to the supplemental information on the following pages or the form provided by your patient.**



**Examiner: Please fill in the following information:**

		Yes	No	Explain							
Medical restrictions to participate		<input type="checkbox"/>	<input type="checkbox"/>								
Yes	No	Allergies or Reactions		Explain		Yes	No	Allergies or Reactions		Explain	
<input type="checkbox"/>	<input type="checkbox"/>	Medication				<input type="checkbox"/>	<input type="checkbox"/>	Plants			
<input type="checkbox"/>	<input type="checkbox"/>	Food				<input type="checkbox"/>	<input type="checkbox"/>	Insect bites/stings			
Height (inches): _____		Weight (lbs.): _____		BMI: _____		Blood Pressure: _____ / _____		Pulse: _____			

	Normal	Abnormal	Explain Abnormalities
Eyes	<input type="checkbox"/>	<input type="checkbox"/>	
Ears/nose/throat	<input type="checkbox"/>	<input type="checkbox"/>	
Lungs	<input type="checkbox"/>	<input type="checkbox"/>	
Heart	<input type="checkbox"/>	<input type="checkbox"/>	
Abdomen	<input type="checkbox"/>	<input type="checkbox"/>	
Genitalia/hernia	<input type="checkbox"/>	<input type="checkbox"/>	
Musculoskeletal	<input type="checkbox"/>	<input type="checkbox"/>	
Neurological	<input type="checkbox"/>	<input type="checkbox"/>	
Other	<input type="checkbox"/>	<input type="checkbox"/>	

### Examiner's Certification

I certify that I have reviewed the health history and examined this person and find no contraindications for participation in a Scouting experience. This participant (with noted restrictions):

True	False	Explain
<input type="checkbox"/>	<input type="checkbox"/>	Meets height/weight requirements.
<input type="checkbox"/>	<input type="checkbox"/>	Does not have uncontrolled heart disease, asthma, or hypertension.
<input type="checkbox"/>	<input type="checkbox"/>	Has not had an orthopedic injury, musculoskeletal problems, or orthopedic surgery in the last six months or possesses a letter of clearance from his or her orthopedic surgeon or treating physician.
<input type="checkbox"/>	<input type="checkbox"/>	Has no uncontrolled psychiatric disorders.
<input type="checkbox"/>	<input type="checkbox"/>	Has had no seizures in the last year.
<input type="checkbox"/>	<input type="checkbox"/>	Does not have poorly controlled diabetes.
<input type="checkbox"/>	<input type="checkbox"/>	If less than 18 years of age and planning to scuba dive, does not have diabetes, asthma, or seizures.
<input type="checkbox"/>	<input type="checkbox"/>	<b>For high-adventure participants, I have reviewed with them the important supplemental risk advisory provided.</b>

Examiner's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Provider printed name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ ZIP code: \_\_\_\_\_

Office phone: \_\_\_\_\_

#### Height/Weight Restrictions

If you exceed the maximum weight for height as explained in the following chart and your planned high-adventure activity will take you more than 30 minutes away from an emergency vehicle/accessible roadway, you may not be allowed to participate.

#### Maximum weight for height:

Height (inches)	Max. Weight	Height (inches)	Max. Weight	Height (inches)	Max. Weight	Height (inches)	Max. Weight
60	166	65	195	70	226	75	260
61	172	66	201	71	233	76	267
62	178	67	207	72	239	77	274
63	183	68	214	73	246	78	281
64	189	69	220	74	252	79 and over	295

